



# SCHEDULE

## January 2022 - Recreative

### HIPHOP

Beginner	Monday	6pm - 7pm	7-10
Beginner	Monday	8pm - 9:15pm	Adulte
Intermediate	Tuesday	5:45pm - 7pm	7-10
Initiation	Wednesday	5:30pm - 6:30pm	5-6
Intermediate / Advanced	Wednesday	5:45pm - 7pm	11-14
Beginner	Friday	6pm - 7pm	11-14
Initiation	Saturday	12pm - 1pm	5-6
Beginner	Saturday	1pm - 2pm	7-10

### CONTEMPORAIN / CONTEMPORARY

Beginner	Monday	6pm - 7pm	7-10
Beginner	Monday	7pm - 8pm	11+
Beginner / Intermediate	Tuesday	8pm - 9:15pm	Adulte
Intermediate	Thursday	6pm - 7:15pm	7-10
Intermediate	Thursday	7pm - 8:15pm	11-14
Initiation	Saturday	1pm - 2pm	5-6

### BREAK

Beginner	Saturday	10am - 11am	7+
Intermediate	Saturday	11am - 12pm	7+

### BALLET / POINTES

Intermediate / Advanced	Thursday	6pm - 7pm	12+
Intermediate / Advanced	Thursday	7pm - 8pm	12+
Beginner	Saturday	11am - 12pm	5-7
Beginner / Intermediate	Saturday	9am - 10am	7+

### ACRO

Beginner	Tuesday	6:15pm - 7:15pm	7 et +
Intermediate	Saturday	1pm - 2pm	7 et +

### JAZZ

Beginner	Wednesday	7pm - 8pm	11+
Beginner	Thursday	6pm - 7pm	7+



# SCHEDULE

## January 2022 - Recreative

Beginner	Thursday	8:45pm - 9:45pm	Ados/Adultes
Initiation	Saturday	9am - 10am	5-6
<b>MULTI-DANSE</b>			
Beginner / Intermediate	Saturday	11am - 12pm	5-7
<b>DANSES LATINES</b>			
Silver	Monday	7pm - 8pm	Ados / Adultes
Initiation	Sunday	10am-11am	Enfants
Beginner / Intermediate	Sunday	11am - 12pm	Adulte
Beginner	Sunday	12pm - 1pm	Ados/Adultes
<b>INITIATION À LA DANSE / INITIATION TO DANCE</b>			
Initiation	Tuesday	5:30pm - 6:15pm	3-4
Initiation	Saturday	9am - 9:45am	3
Initiation	Saturday	10am - 10:45am	4
Initiation (Parent/Child)	Saturday	10am - 10:45am	18-36m
<b>COMÉDIE MUSICALE / MUSICAL</b>			
All levels	Thursday	7:30pm - 8:45pm	Tous /All
<b>ZUMBA</b>			
All levels	Tuesday	7pm - 8pm	Ados / Adultes
<b>HEELS</b>			
All levels	Monday	8pm - 9:15pm	16+
<b>POPPING</b>			
Beginner	Tuesday	7:15pm - 8:15pm	Tout âges