



SCHEDULE

September 2022 - Recreative

v2

HIPHOP			
Beginner	Monday	6pm - 7pm	7-10
Beginner	Monday	8pm - 9:15pm	Adulte
Intermediate	Tuesday	5:45pm - 7pm	7-10
Initiation	Wednesday	5:30pm - 6:30pm	5-6
Intermediate / Advanced	Wednesday	5:45pm - 7pm	11+
Beginner	Friday	6pm - 7pm	11+
Initiation	Saturday	12pm - 1pm	5-6
Beginner	Saturday	1pm - 2pm	7-10
CONTEMPORAIN / CONTEMPORARY			
Beginner	Monday	6pm - 7pm	7-10
Beginner	Monday	7pm - 8pm	11+
Beginner / Intermediate	Tuesday	8pm - 9:15pm	Adulte
Intermediate	Thursday	6pm - 7:15pm	7-10
Intermediate	Thursday	7pm - 8:15pm	11+
Initiation	Saturday	12pm - 1pm	5-6
BREAK			
Beginner	Wednesday	5:45pm-6:45pm	7+
Intermediate	Wednesday	6:45pm-7:45pm	7+
BALLET / POINTES			
Intermediate / Advanced	Thursday	6pm - 7pm	12+
Intermediate / Advanced	Thursday	7pm - 8pm	12+
Beginner	Saturday	11am - 12pm	5-7
Beginner / Intermediate	Saturday	9am - 10am	8+
ACRO			
Beginner	Saturday	10am - 11am	7 et +
Intermediate	Saturday	1pm - 2pm	7 et +
JAZZ			
Beginner	Wednesday	7pm - 8pm	11+
Beginner	Thursday	6pm - 7pm	7+
Beginner	Thursday	8:45pm - 10pm	Ados/Adultes
Initiation	Saturday	9am - 10am	5-6
MULTI-DANSE			
Beginner / Intermediate	Saturday	11am - 12pm	5-7
DANSES LATINES			
Silver	Monday	7pm - 8pm	Ados / Adultes
Beginner / Intermediate	Sunday	11am - 12pm	Adulte
Beginner	Sunday	12pm - 1pm	Ados/Adultes
INITIATION À LA DANSE / INITIATION TO DANCE			
Initiation	Tuesday	5:30pm - 6:15pm	3-4
Initiation	Saturday	9am - 9:45am	3
Initiation	Saturday	10am - 10:45am	4
ZUMBA			
All levels	Thursday	7:15pm - 8:15pm	Ados / Adultes
HEELS			
All levels	Monday	8pm - 9:15pm	16+