



# SCHEDULE

## January 2024 - Recreative

v2

### HIPHOP

Beginner	Monday	6pm - 7pm	7-10
Intermediate	Tuesday	5:45pm - 7pm	7-10
Intermediate / Advanced	Wednesday	5:45pm - 7pm	11+
Initiation	Thursday	6pm - 7pm	5-6
Beginner	Friday	6pm - 7pm	11+
Initiation	Saturday	12pm - 1pm	5-6
Beginner	Saturday	1pm - 2pm	7-10

### CONTEMPORAIN / CONTEMPORARY

Beginner	Monday	6pm - 7pm	7-10
Beginner	Monday	7pm - 8pm	11+
Beginner / Intermediate	Tuesday	8pm - 9:15pm	Adulte
Intermediate	Thursday	5:45pm - 7pm	7-10
Intermediate	Thursday	7pm - 8:15pm	11+
Initiation	Saturday	12pm - 1pm	5-6

### BREAK

Beginner	Wednesday	6pm - 7pm	7+
Intermediate	Wednesday	7pm - 8:30pm	7+

### BALLET

Beginner	Friday	7pm - 8pm	Ados/Adultes
Beginner	Saturday	11am - 12pm	5-7
Beginner / Intermediate	Saturday	9am - 10am	8+

### ACRO

All levels	Thursday	7pm - 8:15pm	Ados/Adultes
Beginner	Saturday	10am - 11am	7 et +
Intermediate	Saturday	1pm - 2:15pm	7 et +

### JAZZ

Beginner	Tuesday	7pm - 8pm	11+
Beginner	Thursday	6pm - 7pm	7+
Initiation	Saturday	9am - 10am	5-6

### STREET JAZZ

Beginner	Tuesday	8:15pm - 9:30pm	Adulte
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<b>MULTI-DANSE</b>				
Beginner / Intermediate	Monday		5:30pm - 6:30pm	5-7
Beginner / Intermediate	Saturday		11am - 12pm	5-7
<b>DANSES LATINES</b>				
Beginner / Intermediate	Monday	(*Solo, no partner)	7pm - 8pm	Ados / Adultes
Intermediate	Sunday		11am - 12pm	Adulte
Beginner	Sunday		12pm - 1pm	Ados/Adultes
<b>INITIATION À LA DANSE / INITIATION TO DANCE</b>				
Initiation	Tuesday		5:30pm - 6:15pm	3-4
Initiation	Saturday		9am - 9:45am	3
Initiation	Saturday		10am - 10:45am	4
<b>ZUMBA</b>				
All levels	Tuesday		7pm - 8pm	Ados / Adultes
All levels	Thursday		7pm - 8pm	Ados / Adultes